

An Irregular Movement Challenges of Commercialising Pre and Postbiotics in Asia Pacific

Future of Microbiome 2022 Nyx Chong





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HMO Elimination: A Unique Immune Advantage



Mechanism of antipathogenic function of HMO 1.Inhibition of Pathogen Attachment (Decoy Effect): Attributes to HMO structures

Structural Similarity of HMOs to receptors on cell surface allows inhibition of pathogen attachment



Structural Diversity of HMOs leads to versatile antipathogenic function



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HMO: Reduces rate of Diarrhea in Children

Campylobacter jejuni

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Observational Infants and toddlers consuming breast milk with high 2FL content have significantly less cases of diarrhea of Campylobactor jejuni study Pathogen (bacteria/virus) HMOs Anti-infective mode of action Notes ns causing food poisoning. Major causative agent o

Invasion protection, inhibition of adhesion

Diarrheal illness in children caused by contaminated food

In December 2015, the World Health Organization (WHO) issued estimates of human disease damage attributable to food. As a statistical value in 2010...

2'-FL

- ✓ 600 million patients and 420000 deaths worldwide due to exposure to contaminated food
- ✓ 4.6 billion patients with diarrhea and 1.6 million deaths from diarrhea worldwide.
- ✓ 548 million patients with diarrhea caused by pathogens Of these, 217 million patients were children < 5 years old.

es: Diarrhoeal disease in children due to contaminated food Bulletin of the World Health Organization 2017;95:233-234



HMO: Promotes Bifidobacterium Colonisation

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2FL and LNnT supplementation to infant formula helped growth and colonization of Clinical Trial beneficial bacteria in infants.

- [Subject] Healthy infants (0-14 days after birth, 146) Breast feeding group: Mother-infant reference group (BF group)
 - Standard IF (Control group).
 2FL: 1.0-1.2g/L+LNnT:0.5-0.6g/L combined (Test Group)
- [Method]Administration from enrollment (0-14 days) to 6 months



HMO: Changes microbiota in IBS Adults

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2FL and LNnT supplementation to Irritable Bowel Syndrome Patients resulted in change of microbiota, fecal and plasma metabolites in 4 weeks.

[Subject]Irritable Bowel Syndrome Patients (n=58) were given one treatment for 4 weeks 5g of 4:1 mix of 2'FL/LNnT 10g of 4:1 mix of 2'FL/LNnT

No supplement given (Control group) [Method]Fecal and mucosal microbial composition measured at baseline and after intervention



ribarren C. Nutrients. 13(11):3836, 2021

HMO Function: Brain Development



Obser study

Observational

Positive correlation between concentration of 2FL and cognitive development, and 3SL and language development.

There was a positive association between the amount of 2FL contained in breast milk at 1 month of age and higher cognitive growth at 24 months of age ($\beta = 0.59$, p=0.002)



3SL content in breast milk was positively correlated with language development in A-tetra+ group *.

(*Alpha-Tetrasaccharide, A-tetra is an HMO only present in milk from blood type A women)

		2'-FL	3'-SL	6'-SL
ELC score	Estimate	-0.001	13.12	0.038
(Early Learning Score)	p value	0.189	0.002	0.635
Receptive language	Estimate	-0.47	9.95	0.022
(receptive language)	p value*	1	0.015	1
Expressive	e Estimate		7.53	0.053
language (Display language)	p value*	1	0.048	1
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Cho S. Am J Clin Nutr. nqab103, 2021

Recap: HMO Health Benefits





- **IMMUNE BENEFITS**
- 1.Inhibition of Pathogen Attachment (Decoy Effect/ Adhesion Inhibition) 2.Reduction in bad bacterial growth
- 3.Inhibition of biofilm formation
- 4.Immunomodulation (proven in infants; pending adult studies)



GUT BENEFITS

1. Colonisation by Bifidobacteria and other good bacterial growth 2.Reduction in risk of Campylobacter induced diarrhea

3. May prevent dysbiosis related to disease conditions or age



COGNITIVE BENEFITS

1. Association with language and cognitive development for children (more data needed for effects in elderly)

Challenges in expanding HMO use

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Limited use for HMOs allowed due to lack of studies in non-infants/ non-child population

Rate of HMO adoption is slow due to (1) Lack of Awareness and (2) Cost of ingredients in Southeast Asia







IMMUSE

Patented | GRAS | Vegetarian | Allergen Free | Clinically Studied | Non-GMO

- Heat-killed Lactococcus Lactis strain Plasma (LC-plasma)
- Mechanism of Action: Activation of Plasmacytoid dendritic cells (pDCs)



In over 15 clinical trials, with participants ranging from 6 to 60 years of age, people who consume IMMUSE tend to experience less symptoms of fatigue and illness.

PLoS One,2012

Health benefit of IMMUSE (Children)

Study design

Result

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Subjects: 892 Elementary school children in Vietnam (age of 6-9) Intervention: 50 mg IMMUSE for 8 weeks

Outcome: Cold like symptoms

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Fend	Term 3	Controli LC-Plasma	12,728 12,169	40 39	0.93	1.02 (0.66-1.58)	
20.00	Terrey 2	Control LC-Plasma	10,340 9875	2428 2333	0.85	1.01(0:95-1.07)	
Cough	Term 3	Control LC-Phisma	10.1%	2572 2535	0.22	1.04 (0.98-1.11)	
Runny Terr	Tiren 2	Control LC-Plasma	10,813 10,437	1987.*	0.07	894 (0.87-1.01)	
nine	Tirre 3	Control LC-Plasma	10,008	2090 2011	0.93	1/1 (0.94-1.09)	

Nutrients, 2022

Cumulative days of symptoms were significantly decreased

Health benefit of IMMUSE (Adults)

İMMUSE"

Study design

Result

Subjects: 397 healthy adults Intervention: 50 mg/d IMMUSE for 12 weeks Outcome: Severity of cold like symptoms

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chill pi	Flaculto MAL/08	10		1	- 1	1.94

J. Func. Food, 2016

Scores of cough and sore throat was significantly reduced

Existing Product ranges



Challenges for IMMUSE

İMMUSE

Lack of Regulatory understanding of "Postbiotic"

Lack of standardisation for postbiotic products (miligrams? CFUs?) How can we involve regulators in discussion on latest science?

How can we encourage healthy competition and collaboration for this emerging market?

To Summarise

- Scientists and manufacturers have founded and created exciting new products with promising health benefits.
- It is important to continue to build inclusive clinical studies (for all ages, ethnicities, etc.)in order to encourage new applications for novel ingredients.
- Just as important as creating new science, is raising awareness on and involving regulators, consumers, and industry partners in the advancements of the 'Biotics' landscape.
- Without multi-stakeholder relationships and buy-in, novel ingredients may only remain a pipedream on the benches of a lab.

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Resources



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