



Future of the Microbiome

Consumer Purchase Trends for Prebiotics
and Probiotics in Today's Grocery Landscape



Meet Your Presenter

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Full Market Visibility with SPINS Retail Measurement

A Quick Primer for Today's Discussion...



NATURAL EXPANDED

- Focus on shopper discovery
- Retailers desire to differentiate
- More unique / exclusive items
- Lower barriers to entry for new brands

\$11.9B, +3.7%



REGIONAL GROCERY

- Focus on local market needs (shoppers & brands)
- Bridge to mass – mix of unique and mainstream items
- Lower cost of entry

\$175.6B, -1.9%



MULO(CONVENTIONAL)

- Focus on convenience and shopper efficiency
- Traditionally “best seller” items
- High cost-of-entry / size-of prize

\$579.2B, +1.6%



VMS & AMAZON

- Focus on access to everything
- Endless aisle opportunity
- Lowest barriers to entry
- Cutting edge innovation and niche product needs

\$15.9B, +16.8%



Identify Attributes Driving Performance

SPINS product library is the common language for the Natural Products Industry

COLLECT

GENERATE



Certifications

Consumer Facts

Servings

Ingredients & Servings

Manufacturer Info



Product Facts

e.g. Category, Size, Brand, Company, Packaging, Form, Brand Positioning, Product Type

Allergens & Sensitivities

e.g. Major 8 Allergen Free, Labeled Gluten Free, Labeled Grain Free, Tree Nuts, Lactose, Shellfish, Soy, Peanuts, Dairy, Thickeners and Stabilizers

Sustainability

e.g. Non-GMO Project Verified, Labeled Grass Fed, Organic, Fair Trade, Certified B-Corp, Certified Glyphosate Residue Free

Health & Wellness

e.g. Labeled Sprouted, Probiotics, Functional Ingredient, Sugar Ingredients, Monk Fruit, Certified Whole Grains Council

Lifestyle, Diets & Tribes

e.g. Paleo, Vegan, Fodmap, Keto, Vegetarian

Clean Label

e.g. Yellow No. 5, Nitrates, Artificial Sweeteners, High Fructose Corn Syrup, MSG, Paraben Free, Aluminum Free

SPINS WORKS WITH

233 Ingredient Supplier,
Broker, and
Association Partners



SPINS codes for 617
different Functional
Ingredients

617

1500+ Brands

SPINS codes every UPC
scanned at our retail partners
for 583 different types of
attributes

583

**per Whipstitch top 60 deals*

SPINS HAS

76+

**Exclusive Retail
Partnerships**

REPRESENTING

>\$200B

In Sales

**SPINS clients
launched over
100,000+ items
in the last
3 years**



380+
**Ecosystem
Partners**

(excluding brands & retailers)



Natural and Wellness products are driving growth across all Channels

Natural products growth is outpacing conventional product growth in every channel. The Natural Channel has the highest overall growth rate and the highest NPI growth -- a consistent recent month after month trend.

Natural Expanded Channel +3.7% Total Growth		Regional & Independent Grocery Channel -1.9% Total Growth		Conventional MultiOutlet +1.6% Total Growth		Convenience Channel +1.0% Total Growth	
+6.6%	NATURAL PRODUCTS	+1.1%	NATURAL PRODUCTS	+4.4%	NATURAL PRODUCTS	+5.0%	NATURAL PRODUCTS
+2.3%	SPECIALTY & WELLNESS PRODUCTS	+1.2%	SPECIALTY & WELLNESS PRODUCTS	+3.0%	SPECIALTY & WELLNESS PRODUCTS	+4.2%	SPECIALTY & WELLNESS PRODUCTS
-1.1%	CONVENTIONAL PRODUCTS	-3.1%	CONVENTIONAL PRODUCTS	+1.1%	CONVENTIONAL PRODUCTS	-1.3%	CONVENTIONAL PRODUCTS



Wellness Benefit



Wellness Benefit Ingredients

Attributes that identify ingredients that consumers often actively seek due to their wellness, nutritional, or beneficial properties

- INGREDIENT - ACAI
- INGREDIENT - ACEROLA CHERRY
- INGREDIENT - ADAPTOGENS
- INGREDIENT - ADDED BEAN PROTEIN
- INGREDIENT - ADDED HEMP PROTEIN
- INGREDIENT - ADDED PEA PROTEIN
- INGREDIENT - ADDED RICE PROTEIN
- INGREDIENT - ADDED SOY PROTEIN
- INGREDIENT - ANCIENT GRAINS
- INGREDIENT - APPLE CIDER VINEGAR
- INGREDIENT - ASHWAGANDHA
- INGREDIENT - ASTRAGALUS
- INGREDIENT - BAKUCHIOL
- INGREDIENT - BEE POLLEN
- INGREDIENT - BEE PROPOLIS
- INGREDIENT - CAFFEINE ENERGY
- INGREDIENT - CAMU CAMU
- INGREDIENT - CHARCOAL
- INGREDIENT - CHIA SEED
- INGREDIENT - CHLORELLA
- INGREDIENT - CHONDROITIN
- INGREDIENT - COFFEE FRUIT
- INGREDIENT - COLLAGEN
- INGREDIENT - COLLOIDAL OATMEAL
- INGREDIENT - ECHINACEA
- INGREDIENT - ELDERBERRY
- INGREDIENT - FLAX SEED
- INGREDIENT - GINSENG
- INGREDIENT - GLUCOSAMINE
- INGREDIENT - GOJI BERRY
- INGREDIENT - GREEN COFFEE BEAN
- INGREDIENT - GREEN LIPPED MUSSELS
- INGREDIENT - GREEN TEA
- INGREDIENT - GUARANA

- INGREDIENT - HEMP SEED
- INGREDIENT - HYALURONIC ACID
- INGREDIENT - KERATIN
- INGREDIENT - KRILL OIL
- INGREDIENT - MACA
- INGREDIENT - MANUKA HONEY
- INGREDIENT - MATCHA
- INGREDIENT - MELATONIN
- INGREDIENT - MINERAL SUNSCREEN
- INGREDIENT - MSM
- INGREDIENT - MUSHROOM CHAGA
- INGREDIENT - MUSHROOM CORDYCEPS
- INGREDIENT - MUSHROOM LIONS MANE
- INGREDIENT - MUSHROOM MAITAKE
- INGREDIENT - MUSHROOM REISHI
- INGREDIENT - MUSHROOM SHIITAKE
- INGREDIENT - MUSHROOM TURKEY TAIL
- INGREDIENT - NERVINES
- INGREDIENT - NON ANIMAL DAIRY PROTEIN
- INGREDIENT - NUTRINOVA
- INGREDIENT - PREBIOTICS
- INGREDIENT - PROBIOTICS
- INGREDIENT - RETINOL
- INGREDIENT - ROSEHIPS
- INGREDIENT - ROYAL JELLY
- INGREDIENT - SEAWEED AND ALGAE
- INGREDIENT - SPIRULINA
- INGREDIENT - SALICYLIC ACID
- INGREDIENT - SALMON OIL
- INGREDIENT - SUPER FRUITS
- INGREDIENT - SUPER GREENS
- INGREDIENT - SUPER MUSHROOMS
- INGREDIENT - SUPERFOODS
- INGREDIENT - TAURINE

- INGREDIENT - TEA TREE OIL
- INGREDIENT - TITANIUM DIOXIDE
- INGREDIENT - TRYPTOPHAN
- INGREDIENT - TURMERIC
- INGREDIENT - ULTRAFILTERED MILK
- INGREDIENT - VALERIAN
- INGREDIENT - WHOLE GRAINS 1ST
- INGREDIENT - WHOLE PUMPKIN
- INGREDIENT - WILLOW BARK
- INGREDIENT - ZINC OXIDE
- INGREDIENT - INSECT PROTEIN
- PET - WHOLE BEEF
- PET - WHOLE BUFFALO
- PET - WHOLE CHICKEN
- PET - WHOLE DUCK
- PET - WHOLE LAMB
- PET - WHOLE MEAT 1ST
- PET - WHOLE MEAT ONLY
- PET - WHOLE SALMON
- PET - WHOLE TURKEY
- INGREDIENT - WHOLE APPLE
- INGREDIENT - WHOLE AVOCADO
- INGREDIENT - WHOLE BANANA
- INGREDIENT - WHOLE BEAN
- INGREDIENT - WHOLE BEET
- INGREDIENT - WHOLE BLUEBERRY
- INGREDIENT - WHOLE CAULIFLOWER
- INGREDIENT - WHOLE KALE
- INGREDIENT - WHOLE LENTIL
- INGREDIENT - WHOLE PEA
- INGREDIENT - WHOLE PEAR
- INGREDIENT - WHOLE SPINACH
- INGREDIENT - WHOLE STRAWBERRY
- INGREDIENT - WHOLE SWEET POTATO

We empower the community to interact and transact with **efficiency, transparency, and trust.**

BRANDS

OLIPOP

RYSE

PEPSICO

LIQUID DEATH

suja
ORGANIC

+ MORE

INVESTMENT & VC

INGREDIENT SUPPLIERS

RETAILERS

SPROUTS
FARMERS MARKET

GROCERYOUTLET
bargain market

Kroger

amazon

THE FRESH MARKET

+ MORE

THE LANGUAGE OF
CPG INTELLIGENCE

MISSION-ALIGNED PARTNERS

New Hope
NETWORK.

Naturally
NETWORK

nga
NATIONAL GROCERS ASSOCIATION

INDUSTRY
TRANSPARENCY CENTER

MEDIA & TECHNOLOGY

C A FORTUNE
the consumer brands agency

PRESENCE

KeHE

UNFI
BETTER FOOD. BETTER FUTURE.

GREEN SPIN
SALES

+ MORE

BROKERS & DISTRIBUTORS



Top Line Prebiotics & Probiotics Supplements

\$ % Change L52 Weeks

NATURAL GROCERY	CONVENTIONAL MULTI OUTLET (MULO)	REGIONAL & INDEPENDENT GROCERY	AMAZON
-6.2% Total Channel Sales	-3.5% Total Channel Sales	-3.6% Total Channel Sales	+9% Total Channel Sales
-6.1% Total Units	-6.1% Total Units	-5.3% Total Units	+10% Total Units
-.2% ARP	+2.8% ARP	+1.8% ARP	-1% ARP

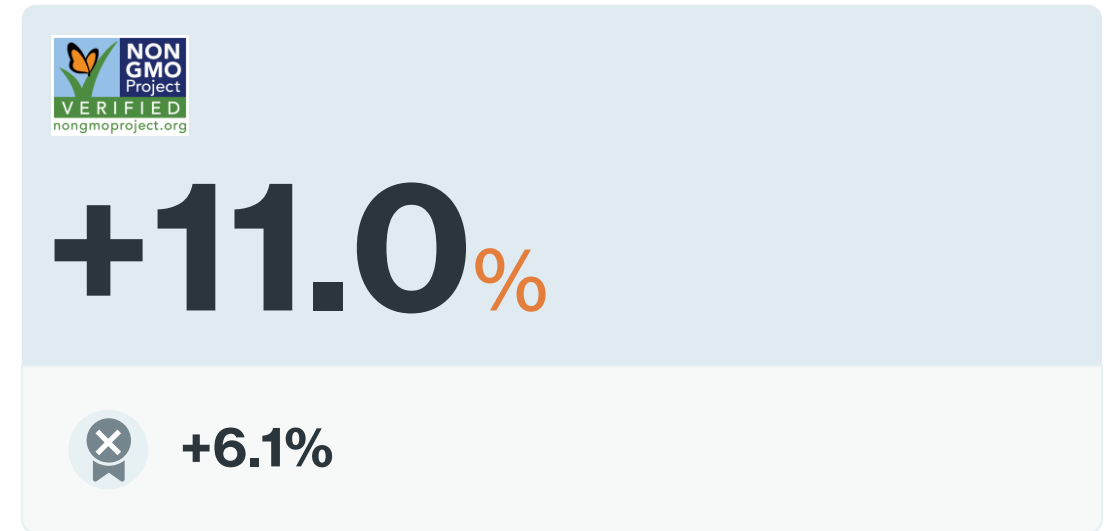
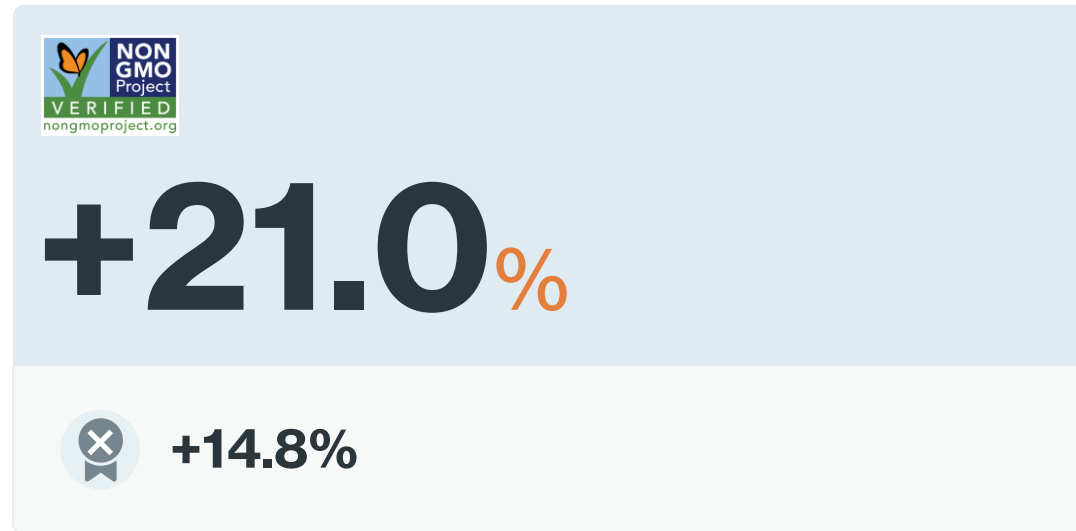


Top Growth Departments

Where Non-GMO Project verification drove the greatest differentiation in terms of \$ sales vs 2 YAGO.

VITAMINS & SUPPLEMENTS

PACKAGED PRODUCE



Non-GMO Project Verified



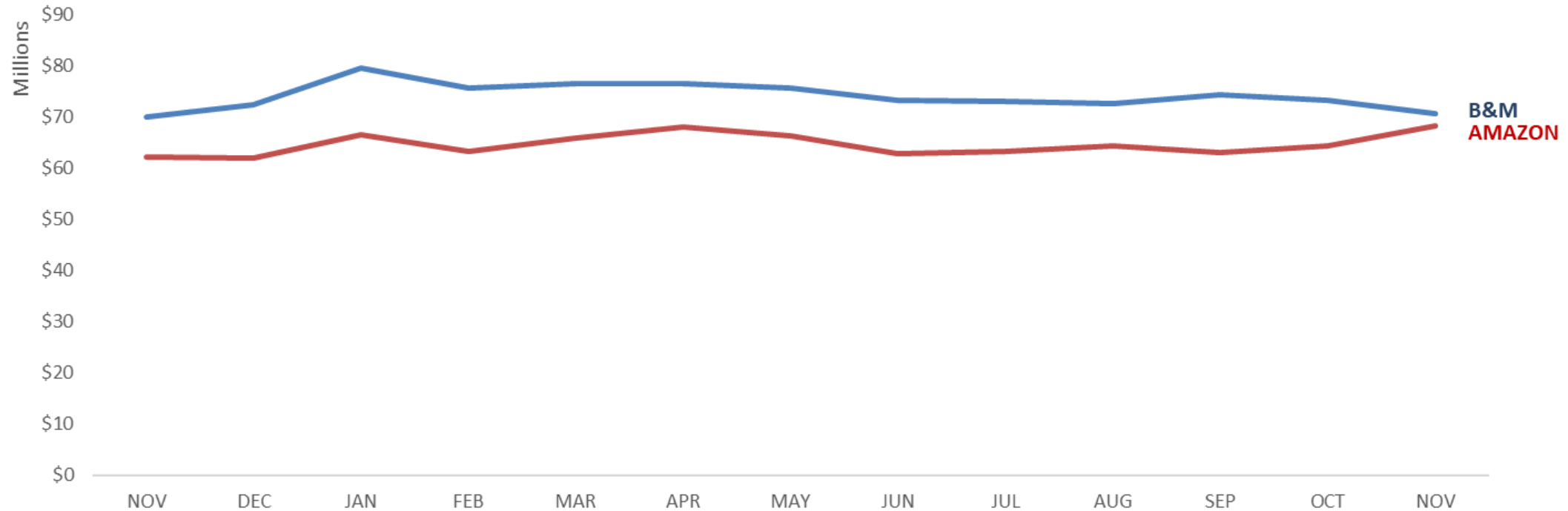
Self-Made Label Claims



Sales of Prebiotics & Probiotics in B&M Declining?

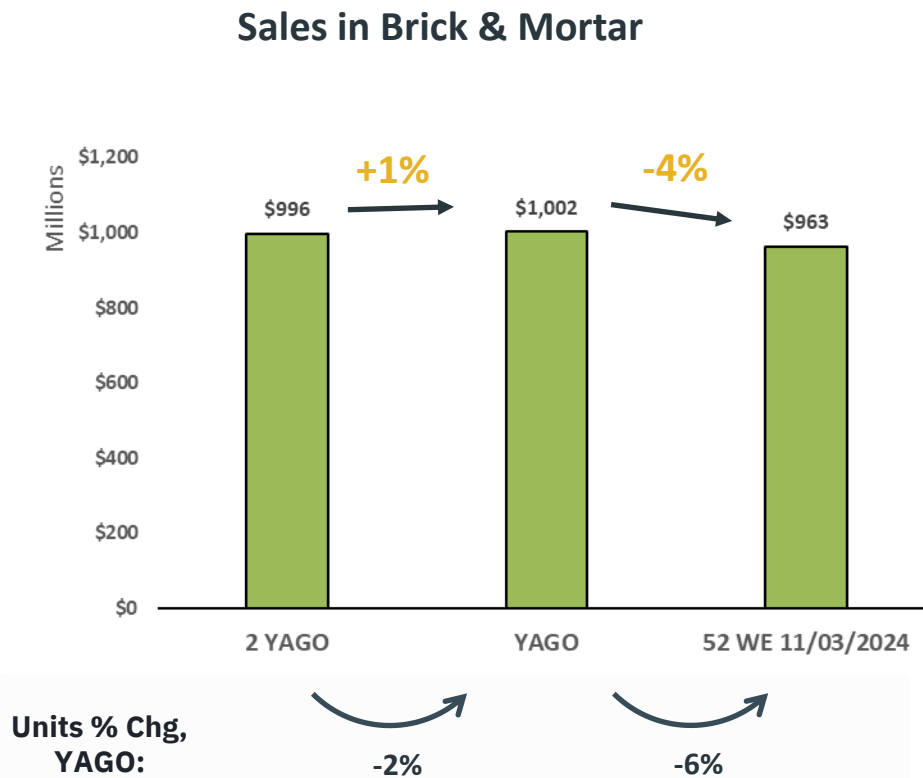
Toward the end of this year B&M sales are decreasing while Amazon sales are increasing.

Monthly Dollar Sales of Prebiotic & Probiotics





Sales of Prebiotics & Probiotics in B&M Declining?



Sales on Amazon





Prebiotics & Probiotics Performance in VMS

Brick & Mortar

Subcategory	Sales Rank	YoY Growth
Protein & Meal Rep. (Liquid)	1	+10%
Multivitamins	2	+1%
Protein & Meal Rep. (Powder)	3	+4%
Prebiotics & Probiotics	4	-4%
Hydration & Electrolyte	5	+28%

Amazon

Subcategory	Sales Rank	YoY Growth
Protein & Meal Rep. (Powder)	1	+9%
Minerals	2	+37%
Multivitamins	3	+25%
Hydration & Electrolyte	4	+42%
Prebiotics & Probiotics	5	+9%

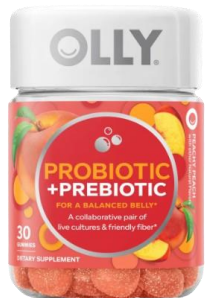


TYPES OF DELIVERY FORMS

Delivery Forms

Different consumers have different preferences when it comes to delivery forms. **Gummies are down -5% in Brick & Mortar, but up 9% on Amazon.** Tablets are the only form down on Amazon (-4%), while down -12% in B&M. **Powder is down the most in B&M (-27%) but up 9% on Amazon.** Capsules are also down in B&M (-6%) while up on Amazon (4%).

GUMMIES



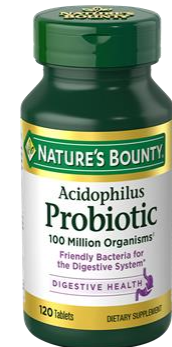
CAPSULES



POWDER



TABLETS





Prebiotics & Probiotics – Top Delivery Forms

Brick & Mortar

Delivery Form	Market Share	YoY Growth
Capsule	36%	-6%
Veg. Capsule	24%	-4%
Gummy	16%	-5%
Liquid	1%	+7%

ARP: +2.4% YoY, to \$20.45

Amazon

Delivery Form	Market Share	YoY Growth
Veg. Capsule	46%	+13%
Capsule	38%	+4%
Gummy	5%	+9%
Powder	3.5%	+9%
Tablet	2%	-4%

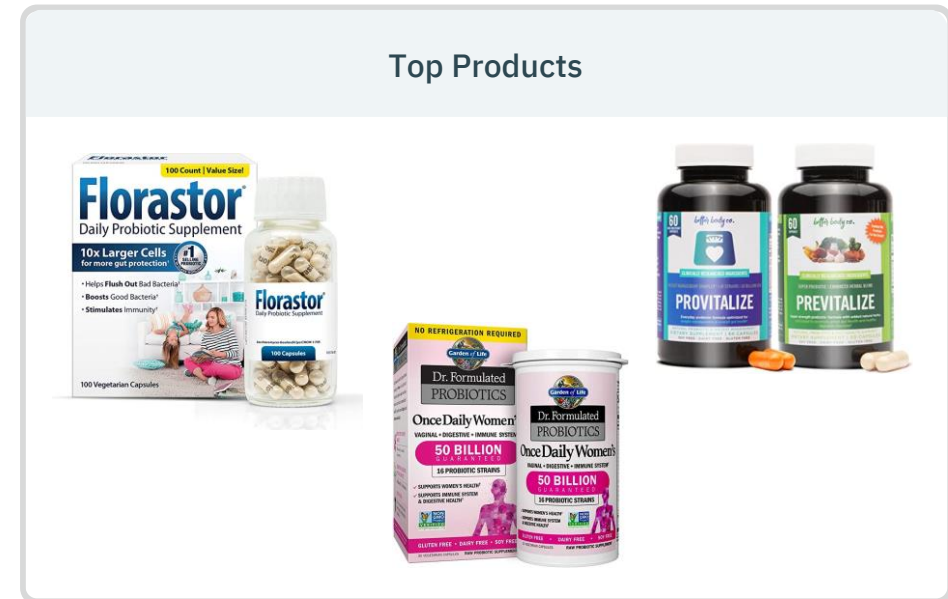
ARP: -1% YoY, to \$29.42



What Attributes & Brands Lead Probiotics & Prebiotics

Market Share by Pill Count on Amazon

Pill Count	Market Share	YoY Growth
60	37%	7% ▲
30	35%	12% ▲
90	5%	8% ▲
100	4%	31% ▲
120	3%	-4% ▼



100 Pill Count products are seeing significant growth in year-over-year sales



GutTok – Gut Health Remains Popular on Social Media

Gut Health on Social Media

PROBIOTICS

Google Search: 2.2M avg monthly searches

TikTok: 22.4M avg weekly views, +510.6% increase

Topics Driving Growth in YoY Avg Search Vol.

“Signs”: +258.5% YoY Growth in Searches

Yeast Infections: +7.1%, +356.4% 6 mos ago

Gut Health: -8.9%, down from +12.2% 6 mos ago

Diarrhea: +3.2%, down from +9.1% 6 mos ago

Popular Topics



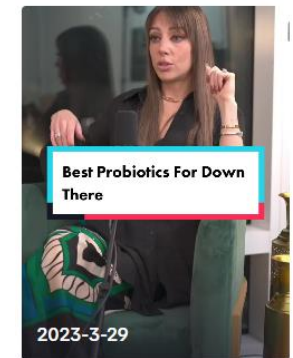
2023-4-1
Replying to @sylv_eee
probiotics are important to...
wearegirlsw... 1.2M

Supplement Recommendations



3-1
Gut Food Fermented foods like sauerkraut can hel...
healthwithc... 2.3M

Food For Good Gut Health



2023-3-29
The best probiotics for down there #forthegirls...
casiahwest 3.3M

Probiotics & Feminine Health



Soda



From high sugar to digestive health, we have now seen the reinvention of soda for the modern age.

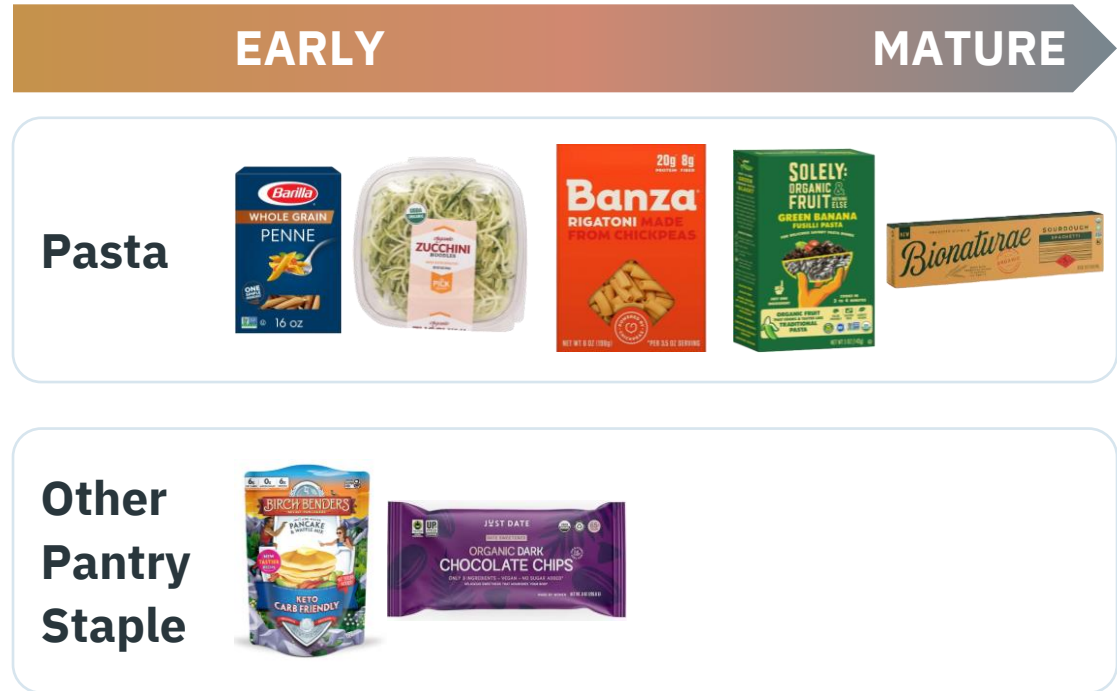
Protein Chips



High protein consumption continues to be a growing trend, and consumers are looking for more ways to incorporate it into their diet



Pantry Staples



Example: Pickles



While some subcategories, such as pasta, are far along in the disruption journey, other pantry staples are just beginning. Ingredients and sustainability are key. The "snackification" of pickles and highlighting its digestive health benefits could bring the category to new heights.



Fermentation – Fermented Veg. Gaining Attention

FERMENTED GARLIC IN HONEY



How to make fermented garlic in honey #fermentedgarlic...

herbalishap... 1.9M

FERMENTED PEPPER SAUCE



Fermentation takes pepper sauce to whole new level an...

plantedinth... 1.8M

KIMCHI



SHORTCUT KIMCHI INGREDIENTS 3-4 lbs napa...

gaming_foo... 50.5M

SAUERKRAUT



Sauerkraut microbes are my daily probiotic. I love taking ...

cultured.guru 3M

FUFU



DISCLAIMER: I didn't make cassava fufu (also known as...

eatwithafia 4.2M



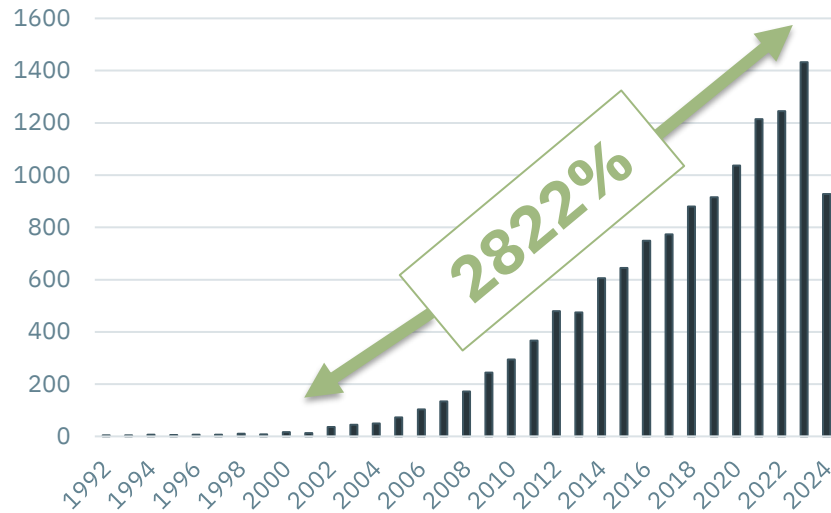
Biotics – What other subcategories can it be found in?





We cannot underestimate the **likely impact of GLP-1s**, particularly with the likely approval of oral versions

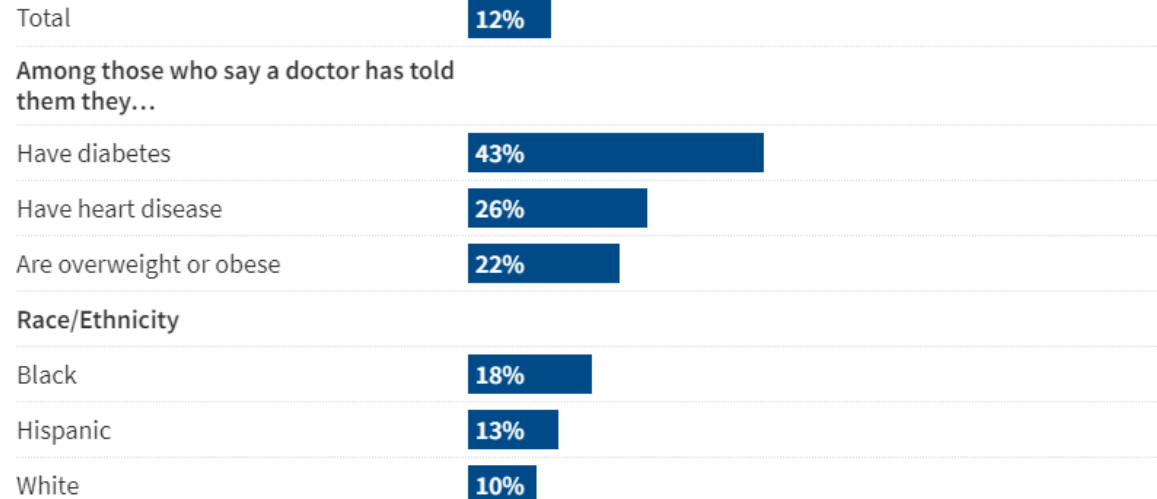
Publications on pubmed*: search term "GLP-1 RA"



*all types of publications, not indicative of results or quality

One in Eight Adults Say They Have Ever Used GLP-1 Drugs, Rising to Four in Ten Among Adults Who Have Been Diagnosed With Diabetes

Percent who say they have ever used GLP-1 agonist drugs to lose weight or treat a chronic condition such as diabetes or heart disease:



For educational purposes only.



Thank you!

For more information, contact
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MICROBIOME