# AGGRESSION: A GUT REACTION? THE EFFECTS OF THE GUT MICROBIOME ON AGGRESSION

Dr. Sondra Turjeman
Future of the Microbiome Winter Summit 2024





#### The Microbiome-Gut-Brain Axis

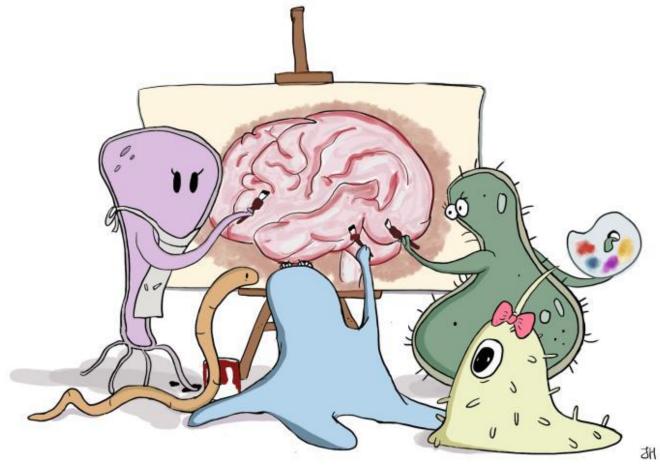


Image: KinesisMagazine – Feb 2020





#### The Microbiome-Gut-Brain Axis

The vagus nerve and enteric nervous system form a bidirectional network that regulates digestive and neural functions

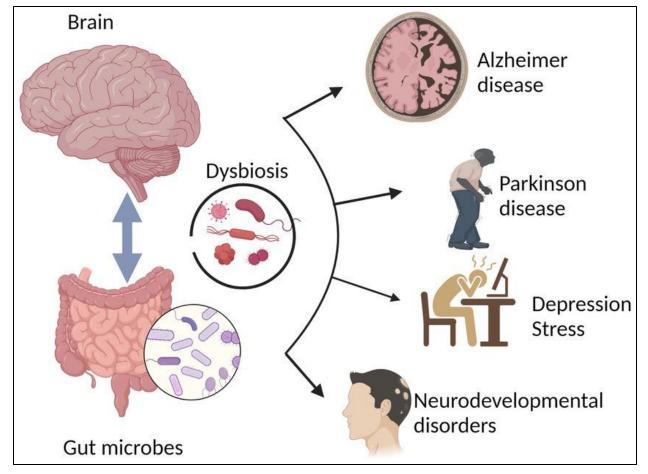
Vagus ner<sub>ve</sub> **GUT-BRAIN AXIS** Dysbiosis freepik.com

Metabolites produced in the gut can travel through the circulatory system to impact brain function





## Microbial dysbiosis is associated with psychiatric and behavioral disorders

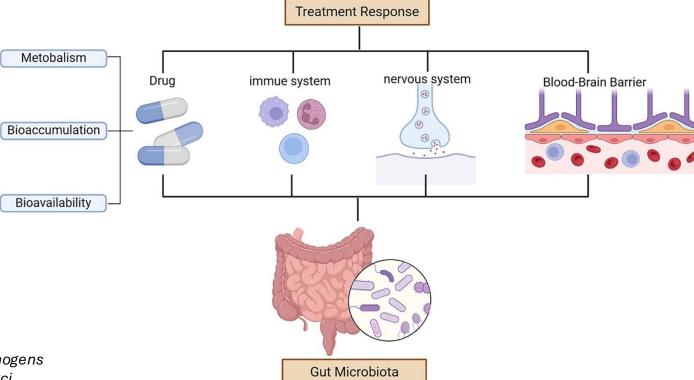






## Dysbiosis is also associated with treatment outcomes

- Non-response rates in psychiatric disorders are 30-60% depending on diagnosis
- The microbiota play a role!



Matsuzaki et al. 2024, *Gut Pathogens* Dong et al. 2022, *Front NeuroSci* Xie et al. 2024, *Front. Microbiol* 

Xie et al. 2024, Front Microbiol

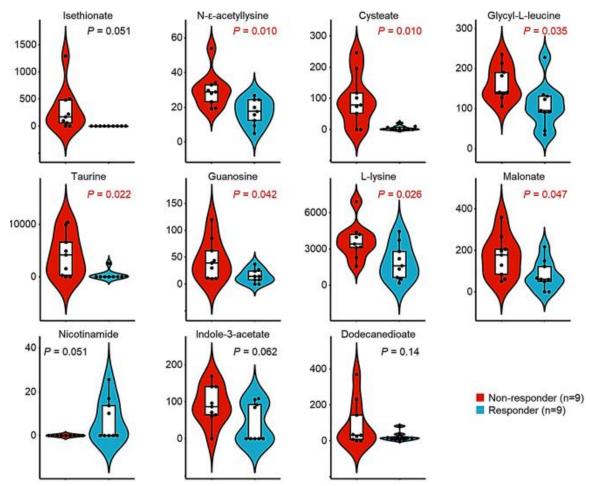




## Dysbiosis is also associated with treatment outcomes

 Microbiota composition and microbial metabolites have been associated with individual response to treatment

> Matsuzaki et al. 2024, *Gut Pathogens* Dong et al. 2022, *Front NeuroSci* Xie et al. 2024, *Front Microbiol*

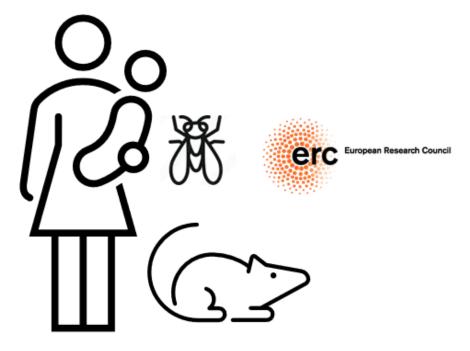


Matsuzaki et al. 2024, Gut Pathogens





Our Research: Social behavior and the microbiome, with a focus on aggressive behavior in flies, mice, and men.







## How does microbiota dysbiosis affect aggressive behavior?

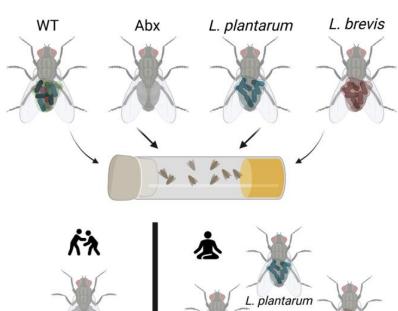
#### **iScience**





Antibiotics increase aggression behavior and aggression-related pheromones and receptors in *Drosophila melanogaster* 

M. Grinberg, R. Levin, H. Neuman, C. Ziv, S. Turjeman, G. Gamliel, R. Nosenko, and O. Koren A. Koren R. Levin, R. Nosenko, A. R. Levin, R. Nosenko, and O. Koren R. Levin, R. Nosenko, R. Levin, R. Nosenko, R. Levin, R. Nosenko, R. Levin, R. L





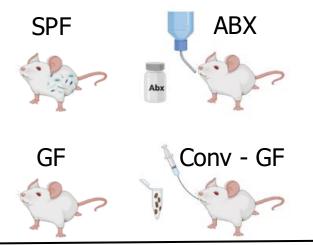


L. brevis

## TIME

#### Microbiome & Aggression in Two Parts

#### Part I: Direct effects









Atara Uzan-Yulzari

Part II: Indirect (in utero) effects





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Lelyan Moadi



## Measuring aggression in mice

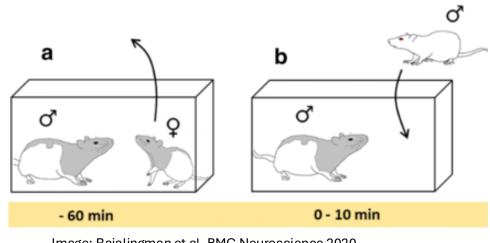
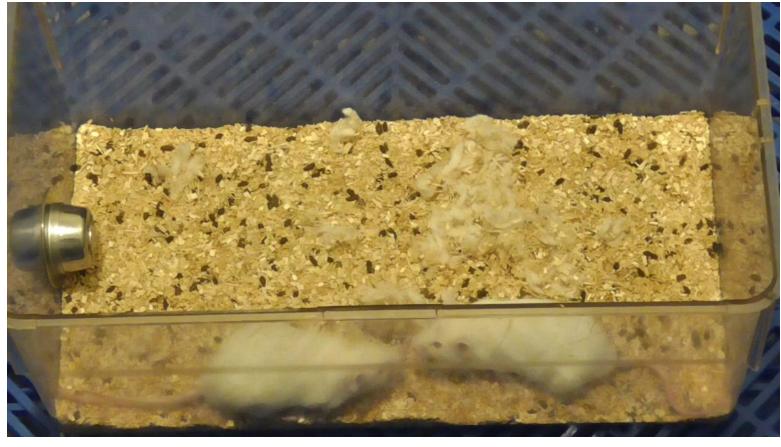


Image: Rajalingman et al. BMC Neuroscience 2020

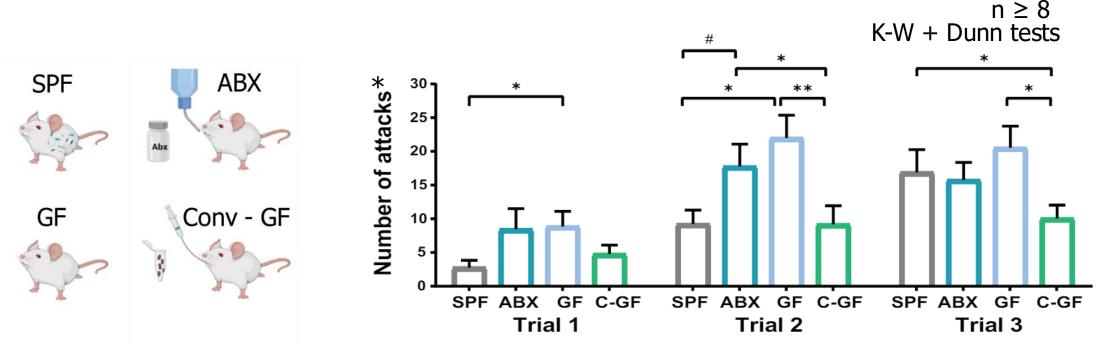


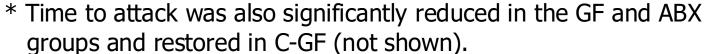




# Microbiota manipulation increases aggression – driven by altered brain gene expression and metabolome



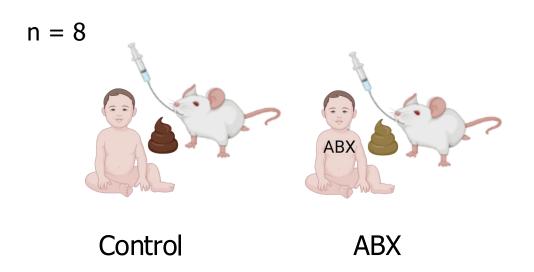








## Humanized mouse model (FMT) further confirms this!











ABX in first 48 hr of life



Feces collected at 1 mo



FMT to GF mice at 5 wks

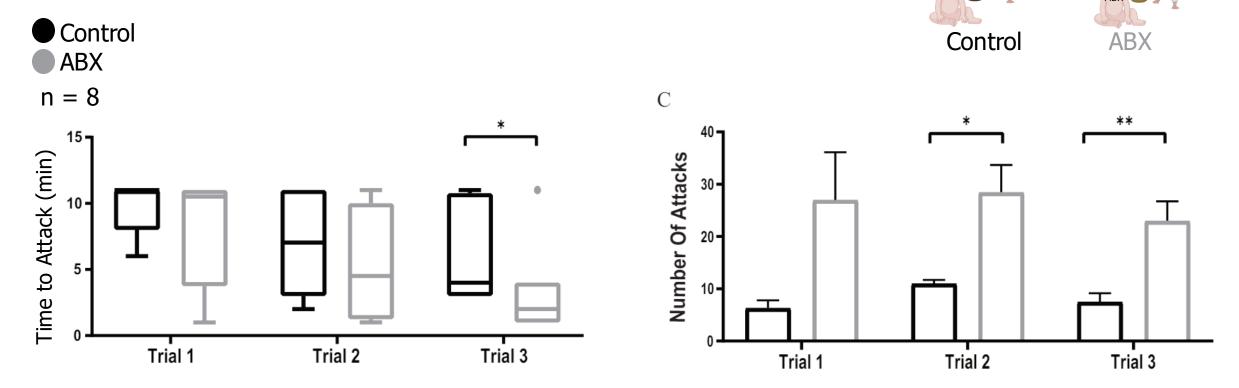


Behavior assay at 8-12 wks





## FMT following ABX treatment induces aggressive phenotype in mice

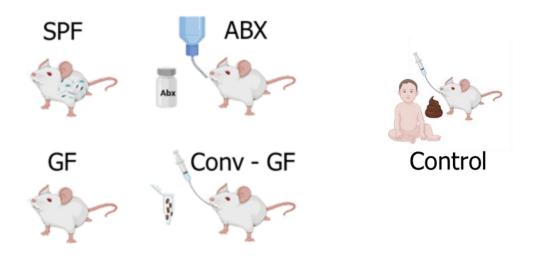






## Dysbiotic gut microbiota - or complete absence - leads to increased aggression.

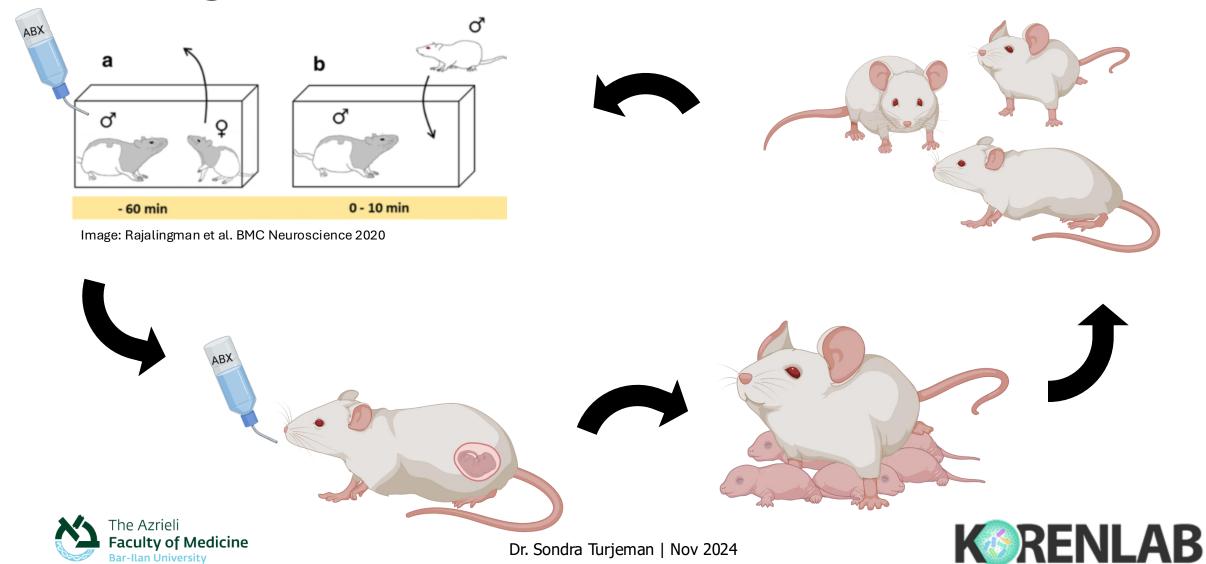
## Can this phenomenon be vertically transmitted?





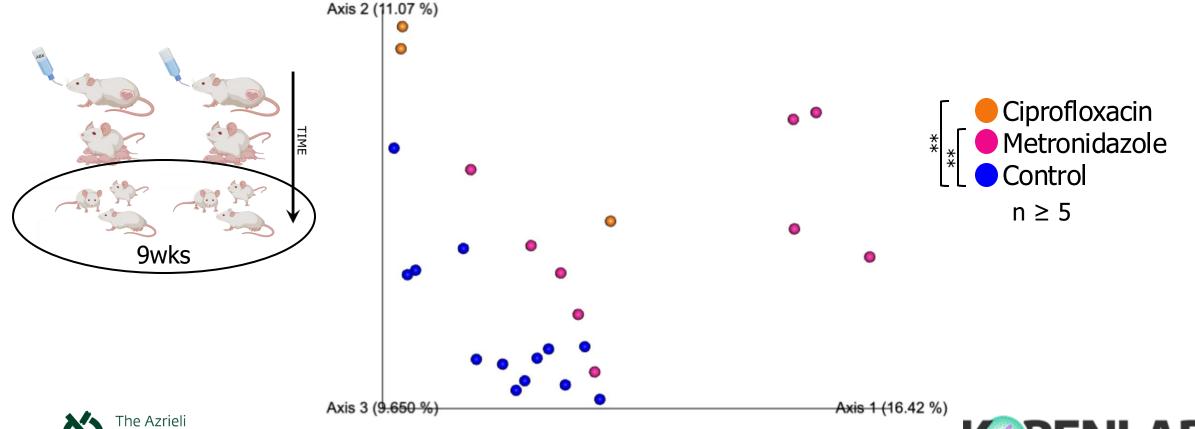


### Going with the flow – how research is born



aculty of Medicine

# Vertically transferred maternal microbiota dysbiosis is maintained through adulthood and increases offspring aggression





### Microbiota-Gut-Brain Axis + Aggression

The gut microbiota is intimately associated with aggression

Antibiotic exposure (direct and *in utero*) can lead to increased aggression

Effects of antibiotics are long-reaching in murine models

\*\*Remember – antibiotics are lifesaving drugs essential to modern medicine





## Moving Forward: Microbiota + Aggression

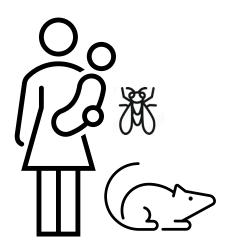
- Human adult and (longitudinal) childhood cohorts
- Identification of conserved, microbially-associated pathways in humans, mice, and men

#### **PLOS GENETICS**

Of Fighting Flies, Mice, and Men: Are Some of the Molecular and Neuronal Mechanisms of Aggression Universal in the Animal Kingdom?

Amanda L. Thomas ∞, Shaun M. Davis ∞, Herman A. Dierick ☑

Published: August 27, 2015 • https://doi.org/10.1371/journal.pgen.1005416

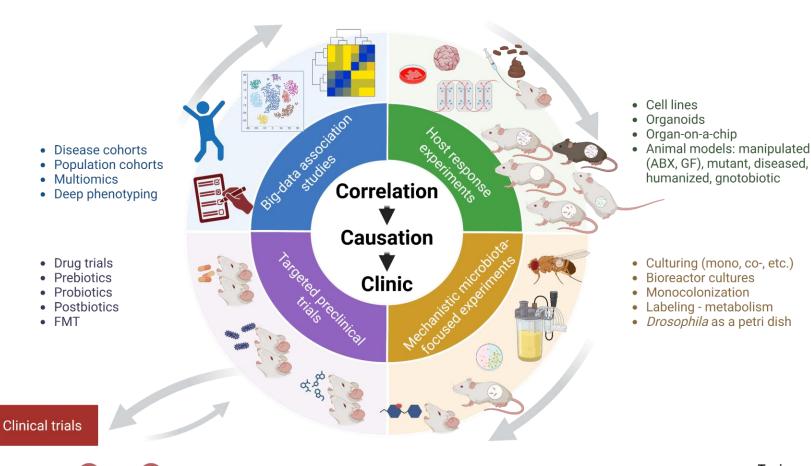




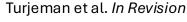












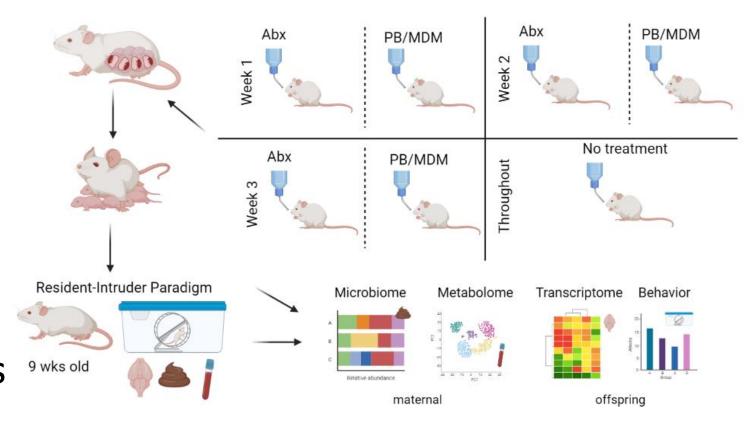






#### Translating findings to the clinic

- Probiotics (PB) or microbially derived metabolites (MDM) to be taken:
  - routinely during pregnancy and nursing
  - with or after a course of antibiotics







### It takes a village!



Atara Uzan-Yulzari





Lelyan Moadi







### Microbiota-Gut-Brain Axis | Aggression

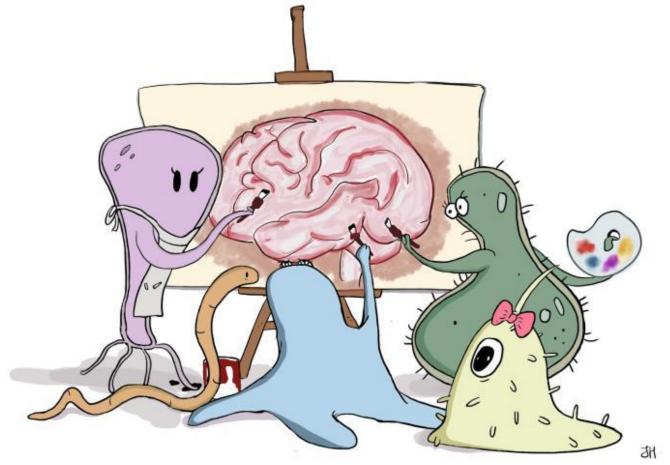


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